



JENNINGS SCHOOL OF KARATE 905-775-1413

SCHEDULE OF CLASSES - September 13th - June 30th

EFFECTIVE JANUARY 3rd, 2005

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:00 - 11:00 a.m.	CLOSED					AGES 8 - 13 White & Yellow & 5-7 Advanced	C S L U O N S D E A D Y S EXCEPT FOR SPECIAL EVENTS
11:00 - 12:00p.m.	CLOSED					AGES 8 - 13 Orange & Up	
12:30 - 1:45p.m.	CLOSED					ADULTS All Belts	
3:00 p.m.	DOJO OPENS				CLOSED	RESERVED FOR INTRODUCTORY CLASSES, WEIGHT TRAINING CLINICS, ETC. T.B.A.	
4:00 - 5:00 p.m.	AGES 5 - 7* All Belts 'A' Group	AGES 8 - 13 All Belts	AGES 5 - 7* All Belts 'A' Group-KATA	AGES 8 - 13 All Belts	CLOSED		
5:00 - 6:00 p.m.					DOJO OPENS AT 5:30 p.m.		
6:00 - 7:00 p.m.	AGES 8 - 13 White & Yellow	AGES 5 - 7* All Belts 'B' Group	AGES 8 - 13 White & Yellow KATA	AGES 5 - 7* All Belts 'B' Group-KATA	AGES 8 - 13 Orange & Up-KUMITE or by Invite Only**		
7:00 - 8:00 p.m.	AGES 8 - 13 Blue & Brown	AGES 8 - 13 Orange & Green	AGES 8-13 Blue & Brown KATA	AGES 8 - 13 Orange & Green KATA	ADULTS Orange & Up KUMITE		
8:00 - 9:00 p.m.	ADULTS Orange & Up KATA	ADULTS White & Yellow KATA	ADULTS Orange & Up	ADULTS White & Yellow			
9:00 - 9:30 p.m.							

*Ages 5-7 classes are 45 minutes in length.

NOTE: Class times subject to change.

**White & Yellow belts by invitation only for 8-13 Kumite on Fridays. See Sensei.

Please adhere to your assigned times.

CLOSED for all statutory holidays, March break, one week mid-summer, and Christmas Break.

NOTE: Different schedule for July & August.

Saturday classes may be cancelled occasionally due to belt gradings and special events.



JENNINGS SCHOOL OF KARATE 905-775-1413

SCHEDULE OF CLASSES - September 13th - June 30th

EFFECTIVE SEPTEMBER 13th, 2010

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
10:00 - 11:00 a.m.	CLOSED					AGES 5 - 7* All Belts 'C' Group	AGES 8 - 13 White & Yellow & 5-7 Advanced	C L O S E D E A D Y S E P T E M B E R E X C E P T F O R S P E C I A L E V E N T S	
11:00 - 12:00p.m.	CLOSED					AGES 8 - 13 Orange & Up			
12:30 - 1:45p.m.	CLOSED					ADULTS All Belts			
3:00 p.m.	DOJO OPENS				CLOSED	RESERVED FOR INTRODUCTORY CLASSES, WEIGHT TRAINING CLINICS, ETC. T.B.A.			
4:00 - 5:00 p.m.	AGES 5 - 7* All Belts 'A' Group	AGES 8 - 13 All Belts	AGES 5 - 7* All Belts 'A' Group-KATA	AGES 8 - 13 All Belts	CLOSED				
5:00 - 6:00 p.m.					DOJO OPENS AT 5:30 p.m.				
6:00 - 7:00 p.m.	AGES 8 - 13 White & Yellow	AGES 5 - 7* All Belts 'B' Group	AGES 8 - 13 White & Yellow KATA	AGES 5 - 7* All Belts 'B' Group-KATA	AGES 8 - 13 Orange & Up-KUMITE or by Invite Only**				
7:00 - 8:00 p.m.	AGES 8 - 13 Blue & Brown	AGES 8 - 13 YELLOW ONLY	AGES 8 - 13 Orange & Green	AGES 8-13 Blue & Brown KATA	AGES 8 - 13 Orange & Green KATA				ADULTS Orange & Up KUMITE
8:00 - 9:00 p.m.	ADULTS Orange & Up KATA	ADULTS White & Yellow KATA		ADULTS Orange & Up	ADULTS White & Yellow				
9:00 - 9:30 p.m.									

*Ages 5-7 classes are 45 minutes in length.

NOTE: Class times subject to change.

**White & Yellow belts by invitation only for 8-13 Kumite on Fridays. See Sensei.

Please adhere to your assigned times.

CLOSED for all statutory holidays, March break, one week mid-summer, and Christmas Break.

NOTE: Different schedule for July & August.

Saturday classes may be cancelled occasionally due to belt gradings and special events.

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JENNINGS SCHOOL OF KARATE 905-775-1413

SCHEDULE OF CLASSES - September 13th - June 30th

EFFECTIVE JANUARY 3rd, 2005

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:00 - 11:00 a.m.	CLOSED					AGES 8 - 13 White & Yellow & 5-7 Advanced	C S L U O N S D E A D Y S EXCEPT FOR SPECIAL EVENTS
11:00 - 12:00p.m.	CLOSED					AGES 8 - 13 Orange & Up	
12:30 - 1:45p.m.	CLOSED					ADULTS All Belts	
3:00 p.m.	DOJO OPENS				CLOSED	RESERVED FOR INTRODUCTORY CLASSES, WEIGHT TRAINING CLINICS, ETC. T.B.A.	
4:00 - 5:00 p.m.	AGES 5 - 7* All Belts 'A' Group	AGES 8 - 13 All Belts	AGES 5 - 7* All Belts 'A' Group-KATA	AGES 8 - 13 All Belts	CLOSED		
5:00 - 6:00 p.m.					DOJO OPENS AT 5:30 p.m.		
6:00 - 7:00 p.m.	AGES 8 - 13 White & Yellow	AGES 5 - 7* All Belts 'B' Group	AGES 8 - 13 White & Yellow KATA	AGES 5 - 7* All Belts 'B' Group-KATA	AGES 8 - 13 Orange & Up-KUMITE or by Invite Only**		
7:00 - 8:00 p.m.	AGES 8 - 13 Blue & Brown	AGES 8 - 13 Orange & Green	AGES 8-13 Blue & Brown KATA	AGES 8 - 13 Orange & Green KATA	ADULTS Orange & Up KUMITE		
8:00 - 9:00 p.m.	ADULTS Orange & Up KATA	ADULTS White & Yellow KATA	ADULTS Orange & Up	ADULTS White & Yellow			
9:00 - 9:30 p.m.							

*Ages 5-7 classes are 45 minutes in length.

NOTE: Class times subject to change.

**White & Yellow belts by invitation only for 8-13 Kumite on Fridays. See Sensei.

Please adhere to your assigned times.

CLOSED for all statutory holidays, March break, one week mid-summer, and Christmas Break.

NOTE: Different schedule for July & August.

Saturday classes may be cancelled occasionally due to belt gradings and special events.

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JENNINGS SCHOOL OF KARATE 905-775-1413

SUMMER SCHEDULE OF CLASSES for JULY & AUGUST 2005 ONLY

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3:00 p.m.	DOJO OPENS				DOJO CLOSED ON FRIDAYS & SATURDAYS FOR JULY AND AUGUST
4:00 - 5:00 p.m.	AGES 5 - 7* All Belts 'A' Group	AGES 8 - 13 All Belts	AGES 5 - 7* All Belts 'A' Group-KATA	AGES 8 - 13 All Belts	
5:00 - 6:00 p.m.					
6:00 - 7:00 p.m.	AGES 8 - 13 White & Yellow	AGES 5 - 7* All Belts 'B' Group	AGES 8 - 13 White & Yellow KATA	AGES 5 - 7* All Belts 'B' Group-KATA	
7:00 - 8:00 p.m.	AGES 8 - 13 Blue & Brown	AGES 8 - 13 Orange & Green	AGES 8-13 Blue & Brown KATA	AGES 8 - 13 Orange & Green KATA	
8:00 - 9:00 p.m.	ADULTS Orange & Up KATA	ADULTS White & Yellow KATA	ADULTS Orange & Up	ADULTS White & Yellow	
9:00 - 9:30 p.m.					

*Ages 5-7 classes are 45 minutes in length.

Please adhere to your assigned times.

FOR JULY & AUGUST THERE WILL NOT BE SPECIFIC NIGHTS FOR KATA OR KUMITE CLASSES.

CLOSED for all statutory holidays, March break, one week mid-summer, and Christmas



JENNINGS SCHOOL OF KARATE 905-775-1413

SCHEDULE OF CLASSES - Effective September 13th - June 30th

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:00 - 11:00 a.m.	CLOSED					AGES 8 - 13 White & Yellow & 5-7 Advanced	C S L U O N S D E A D Y S EXCEPT FOR SPECIAL EVENTS
11:00 - 12:00p.m.	CLOSED					AGES 8 - 13 Orange & Up	
12:30 - 1:45p.m.	CLOSED					ADULTS All Belts	
3:00 p.m.	DOJO OPENS				CLOSED	RESERVED FOR INTRODUCTORY CLASSES, WEIGHT TRAINING CLINICS, ETC. T.B.A.	
4:00 - 5:00 p.m.	AGES 5 - 7* All Belts 'A' Group	AGES 8 - 13 All Belts	AGES 5 - 7* All Belts 'A' Group-KATA	AGES 8 - 13 All Belts	CLOSED		
5:00 - 6:00 p.m.					DOJO OPENS AT 5:30 p.m.		
6:00 - 7:00 p.m.	AGES 8 - 13 White & Yellow	AGES 5 - 7* All Belts 'B' Group	AGES 8 - 13 White & Yellow KATA	AGES 5 - 7* All Belts 'B' Group-KATA	AGES 8 - 13 Orange & Up-KUMITE or by Invite Only**		
7:00 - 8:00 p.m.	AGES 8 - 13 Orange & Up	ADULTS White & Yellow KATA	AGES 8-13 Blue & Brown KATA	AGES 8 - 13 Orange & Green KATA	ADULTS Orange & Up KUMITE		
8:00 - 9:00 p.m.	ADULTS Orange & Up KATA		ADULTS Orange & Up	ADULTS White & Yellow			
9:00 - 9:30 p.m.							

*Ages 5-7 classes are 45 minutes in length.

NOTE: Class times subject to change.

**White & Yellow belts by invitation only for 8-13 Kumite on Fridays. See Sensei.

Please adhere to your assigned times.

CLOSED for all statutory holidays, March break, one week mid-summer, and Christmas Break.
NOTE: Different schedule for July & August.

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JENNINGS SCHOOL OF KARATE 905-775-1413

SCHEDULE OF CLASSES - Effective September 1st - June 30th

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
10:00 - 11:00 a.m.		ADULTS All Belts		ADULTS All Belts		AGES 8 - 13 White & Yellow & 5-7 Advanced	C S L U O N S D E A D Y S EXCEPT FOR SPECIAL EVENTS	
11:00 - 12:00p.m.	CLOSED					AGES 8 - 13 Orange & Up		
12:30 - 1:45p.m.	CLOSED					ADULTS All Belts		
3:00 p.m.	DOJO OPENS				CLOSED	RESERVED FOR INTRODUCTORY CLASSES, WEIGHT TRAINING CLINICS, ETC. T.B.A.		
4:00 - 5:00 p.m.	AGES 5 - 7* All Belts 'A' Group	AGES 8 - 13 All Belts	AGES 5 - 7* All Belts 'A' Group-KATA	AGES 8 - 13 All Belts	CLOSED			
5:00 - 6:00 p.m.					DOJO OPENS AT 5:30 p.m.			
6:00 - 7:00 p.m.	AGES 8 - 13 White & Yellow	AGES 5 - 7* All Belts 'B' Group	AGES 8 - 13 White & Yellow KATA	AGES 5 - 7* All Belts 'B' Group-KATA	AGES 8 - 13 Orange & Up-KUMITE or by Invite Only**			
7:00 - 8:00 p.m.	AGES 8 - 13 Orange & Up	Women Only All Belts	ADULTS White & Yellow KATA	AGES 8-13 Blue & Brown KATA	Women Only All Belts KATA			ADULTS Orange & Up KUMITE
8:00 - 9:00 p.m.	ADULTS Orange & Up KATA			ADULTS Orange & Up				ADULTS White & Yellow
9:00 - 9:30 p.m.								

*Ages 5-7 classes are 45 minutes in length.

NOTE: Class times subject to change.

**White & Yellow belts by invitation only for 8-13 Kumite on Fridays. See Sensei.

Please adhere to your assigned times.

CLOSED for all statutory holidays, March break, one week mid-summer, and Christmas Break.
NOTE: Different schedule for July & August.

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JENNINGS SCHOOL OF KARATE - SCHEDULE OF CLASSES

PHASE I - *May 15th to August 31st*



TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 - 6:45 p.m.	AGES 5-7	AGES 5-7 Overflow Class	AGES 5-7	AGES 5-7 Overflow Class			
7:00 - 8:00 p.m.	AGES 8-13 Orange & Up	AGES 8-13 White & Yellow	AGES 8-13 Orange & Up	AGES 8-13 White & Yellow	ADULTS All Belts		
8:00 - 9:30 p.m.	ADULTS All Belts		ADULTS All Belts				



JENNINGS SCHOOL OF KARATE 905-775-1413

SCHEDULE OF CLASSES - Effective September 11th, 2000

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:30 - 10:30 a.m.		Women Only All Belts		Women Only All Belts KATA		Women Only All Belts AGES 8 - 13 White & Yellow	C S L U O N S D E A D Y S EXCEPT FOR SPECIAL EVENTS
10:30 - 11:30 a.m.	CLOSED					AGES 8 - 13 Orange & Up	
12:15 - 1:30p.m.	CLOSED					ADULTS All Belts	
2:00 - 3:00p.m.	CLOSED					RESERVED FOR INTRODUCTORY CLASSES, WEIGHT TRAINING CLINICS, ETC. T.B.A.	
3:00 p.m.	DOJO OPENS						
4:00 - 5:00 p.m.	AGES 5 - 7* All Belts 'A' Group	AGES 8 - 13 All Belts	AGES 5 - 7* All Belts 'A' Group-KATA	AGES 8 - 13 All Belts			
6:00 - 7:00 p.m.	AGES 8 - 13 White & Yellow	AGES 5 - 7* All Belts 'B' Group	AGES 8 - 13 White & Yellow KATA	AGES 5 - 7* All Belts 'B' Group-KATA	AGES 8 - 13 Orange & Up KUMITE		
7:00 - 8:00 p.m.	AGES 8 - 13 Orange & Up Women Only All Belts	ADULTS White & Yellow	AGES 8 - 13 Orange & Up-KATA Women Only All Belts-KATA	ADULTS White & Yellow KATA	ADULTS Orange & Up KUMITE		
8:00 - 9:30 p.m.	ADULTS Orange & Up KATA		ADULTS Orange & Up				

*Ages 5-7 classes are 45 minutes in length.

Please adhere to your assigned times. Higher belts may attend lower belt classes of the same age group.

NOTE: Class times subject to change.



JENNINGS SCHOOL OF KARATE 905-775-1413
SCHEDULE OF CLASSES - Effective January 1st to June 31st, 2001
New Schedule to come September 2001

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:30 - 10:30 a.m.		Women Only All Belts		Women Only All Belts KATA		Women Only All Belts AGES 8 - 13 White & Yellow	C S L U O N S D E A D Y S EXCEPT FOR SPECIAL EVENTS
10:30 - 11:30 a.m.	CLOSED					AGES 8 - 13 Orange & Up	
12:15 - 1:30p.m.	CLOSED					ADULTS All Belts	
2:00 - 3:00p.m.	CLOSED					RESERVED FOR INTRODUCTORY CLASSES, WEIGHT TRAINING CLINICS, ETC. T.B.A.	
3:00 p.m.	DOJO OPENS				CLOSED		
4:00 - 5:00 p.m.	AGES 5 - 7* All Belts 'A' Group	AGES 8 - 13 All Belts	AGES 5 - 7* All Belts 'A' Group-KATA	AGES 8 - 13 All Belts	DOJO OPENS AT 5:30 p.m.		
6:00 - 7:00 p.m.	AGES 8 - 13 White & Yellow	AGES 5 - 7* All Belts 'B' Group	AGES 8 - 13 White & Yellow KATA	AGES 5 - 7* All Belts 'B' Group-KATA	AGES 8 - 13 Orange & Up KUMITE		
7:00 - 8:00 p.m.	AGES 8 - 13 Orange & Up Women Only All Belts	ADULTS White & Yellow	AGES 8 - 13 Orange & Up-KATA Women Only All Belts-KATA	ADULTS White & Yellow KATA	ADULTS Orange & Up KUMITE		
8:00 - 9:30 p.m.	ADULTS Orange & Up KATA		ADULTS Orange & Up				

**Ages 5-7 classes are 45 minutes in length.*

Please adhere to your assigned times. Higher belts may attend lower belt classes of the same age group.

NOTE: Class times subject to change.